

Viewing and Discussion Guide – Episode 8

Emilie – From Perfectionism to Peace

Emilie's Mormon Experience

1. How would you describe Emilie's childhood, adolescence, and adult years? What aspects of Mormon doctrine/culture shaped her view of herself and God in those seasons of life?

Childhood

Adolescence

Adult Years

2. When did Emilie first start to question Mormonism? What caused her initial doubts?

3. What were Emilie's primary stress points related to Mormonism? What issues went on her "shelf"? What questions or comments do you have about Emilie's shelf items?



4. What factors or influences kept Emilie connected to the Mormon church and culture?

5. As the end of this part of her story how would you describe Emilie's view of herself and her view of God? What about her view of sin and God's grace?

Applying

6. What Mormon **doctrines and practices** brought up in this part of Emilie's story were most confusing to you? What questions or comments do you have about those?

7. What **themes** in this part of Emilie's story stood out to you most? How could you address those themes in a conversation with a Mormon friend or family member?

8. What **similarities/differences** have you seen between Emilie's story so far and those of others in this series? What do you make of those similarities and differences?

9. Which of Emilie's **experiences** could you relate to most? Why?

10. Which of Emilie's **"shelf items"** do you think would be impactful to place on other Mormon shelves? How could you bring those up in conversation and use them to provide a rest point?

11. What **key takeaway(s)** for witnessing do you want to remember from Emilie's story?